

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2022

				1	2	3
				10:30 Chair Exercise 11:00 BINGO! Special Event: 3:00 HawkQuest Educational Program. See & Learn about Birds of Prey. Birds will be onsite for this program.	10:30 Exercise with Robin 11:00 Quiz Time/Fun Time 1:30 Bible Study with Terrie 3:00 Book Club with Judy	10:30 Exercise with Robin 11:00 True or False 2:00 Art with Kelly 2:15 Movie Matinee' "Big Fish" 6:30 "The Crown" Season 2 Episode 3
4	5	6	7	8	9	10
8:00 CBS Sunday Morning 10:30 Church Service 1:15 "The Crown" Season 2 Episode 4 3:00 Barbara at the Piano Happy Birthday Vera	10:30 Optimal Exercise with Kate 11:00 Pictionary 1:30 Walking Club 3:00 Curious Dragonfly Educational Program "Colorado Backyard Birds" Labor Day	10:30 Chair Exercise 11:00 Memories in the Making - Paint & Reflect 1:30 Dining Committee Meeting with Chef Jeff & Melissa 3:00 Vintage Voyagers	9:30 Catholic Communion 10:00 Shopping: Walmart Sign up at the Front Desk 10:30 Optimal Exercise with Kate 1:30 Inventions that Shook the World: The 1900's 3:00 Happy Hour Music with Leonard	10:30 Chair Exercise 11:00 BINGO! 1:30 Yahtzee 3:30 Sing Along Songs with Josh	10:30 Exercise with Robin 11:00 Brain Games with Jennifer 1:30 Bible Study with Terrie 3:00 Book Club with Judy	Harvest Festival Parade 10:30 Exercise with Robin 11:00 True or False 2:00 Art with Kelly 2:15 Movie Matinee' "Breakfast at Tiffany's" 6:30 "The Crown" Season 2 Episode 4
11	12	13	14	15	16	17
8:00 CBS Sunday Morning 10:30 Church Service 1:15 "The Crown" Season 2 Episode 5 3:00 Chuck at the Piano Grandparents Day	10:30 Optimal Exercise with Kate 11:00 Pictionary 1:30 Walking Club 2:30 Scenic Ride 6:15 Regular Season Broncos vs Seahawks Wear your Bronco Colors	Wear Purple for Alzheimer's Awareness 10:00 Shopping: ARC Thrift Store - Sign up at the Front Desk 10:30 Chair Exercise with Robin 2:00 Music Therapy with Meridith 3:30 Activity Cart	9:30 Catholic Communion 10:30 Chair Exercise 11:00 Yahtzee 11:00 Men's Club 1:30 Inventions that Shook the World: The 1910's 3:00 Happy Hour Music with Michael	10:30 Chair Exercise 11:00 BINGO! 2:00 Outing: Cussler Car Museum Arvada Sign up at the front desk	10:30 Exercise with Robin 11:00 Quiz Time/Fun Time 1:30 Bible Study with Terrie 3:00 Book Club with Judy	Alzheimer's Walk 10:00 Those participating see Debbie 10:30 Exercise with Robin 11:00 True or False 2:00 Art with Kelly 2:15 Movie Matinee' "The Age of Adaline" 6:30 "The Crown" Season 2 Episode 5
18	19	20	21	22	23	24
8:00 CBS Sunday Morning 10:00 Coffee Klatch 1:15 "The Crown" Season 2 Episode 6 2:25 Broncos vs Texans 3:00 Church Service	10:30 Chair Exercise 11:15 Lunch Outing: Heaven Dragon - Chinese Sign up at the Front Desk 1:30 Walking Club 3:00 Curious Dragonfly Educational Program "Bees"	10:30 Chair Exercise 11:00 Memories in the Making - Paint and Reflect 1:30 Yahtzee 3:00 Music: Firefly Winds Woodwind Quintet	9:30 Catholic Communion 10:30 Chair Exercise 11:00 Farkle 1:30 Inventions that Shook the World: The 1920's 3:00 Happy Hour Music with Mr. Tim Happy Birthday Jeanice	10:30 Chair Exercise 11:00 BINGO! 1:30 Colorado Experience "Imprisonment" 3:00 Campfire Songs with Harry Autumn Begins	10:30 Exercise with Robin 11:00 Brain Games with Jennifer 1:30 Bible Study with Terrie 3:00 Book Club with Judy	10:30 Exercise with Robin 11:00 True or False 2:00 Art with Kelly 2:15 Movie Matinee' "To Catch a Thief" 6:30 "The Crown" Season 2 Episode 6
25	26	27	28	29	30	
8:00 CBS Sunday Morning 10:30 Church Service 1:15 "The Crown" Season 2 Episode 7 3:00 Jazz Guitar with Joe 6:20 Broncos vs 49ers Rosh Hashanah Begins	10:30 Chair Exercise 11:00 Pictionary 1:30 Walking Club 2:30 Arts and Crafts Cards and Bookmarks 6:00 Jeopardy/Wheel of Fortune	10:30 Chair Exercise 11:00 Yahtzee 2:00 Music Therapy with Meridith 3:30 Activity Cart	9:30 Catholic Communion 10:30 Chair Exercise 11:00 Feed the Kitty 1:30 Inventions that Shook the World: The 1930's 3:00 Happy Hour Music with Dr. Kent	10:30 Chair Exercise 11:00 BINGO! 2:00 Celebrate Autumn Courtyard Blast! Games, Pie and Fun	10:30 Exercise with Robin 11:00 Quiz Time/Fun Time 1:30 Bible Study with Terrie 3:00 Book Club with Judy	