

Sunday

Monday

Tuesday

Wednesday





Thursday

Friday

Saturday

September 2022



<p>8:00 CBS Sunday Morning ⁴ 10:30 Church 1:30 Documentary: Our Great National Parks "A World of Wonder" 3:00 Barbara at the Piano</p>	<p>10:30 Optimal Exercise with Kate ⁵ 11:00 Pictionary 1:30 Walking Club 3:00 Curious Dragonfly Educational Program "Colorado Backyard Birds" Labor Day </p>	<p>10:30 Chair Exercise ⁶ 11:00 Memories in the Making - Paint & Reflect 1:30 Arts and Crafts 3:00 Grab Bag 4:15 Walking Club</p>	<p>9:30 Catholic Communion ⁷ 10:00 Shopping: Walmart see Debbie for Details 10:30 Optimal Exercise with Kate 11:00 Sensory Group 3:00 Happy Hour Music with Leonard</p>	<p>10:30 Chair Exercise ⁸ 11:00 Finishing Lines 1:30 Arts and Crafts 3:30 Sing Along Songs with Josh </p>	<p>10:30 Chair Exercise with Robin ⁹ 11:00 Quiz Time/Fun Time 1:30 Bowling Club 2:30 Sensory Outings with Meghan 2:30 1:1 With Robin 3:45 Balloon Volleyball</p>	<p>10:30 Exercise with Robin ¹⁰ 11:00 True or False 2:00 Art with Kelly 4:15 Walking Club 6:00 Saturday Night Movie "Breakfast at Tiffany's" Happy Birthday Jo</p>
<p>8:00 CBS Sunday Morning ¹¹ 10:30 Church Service 1:30 Documentary: Our Great National Parks "Chilean, Patagonia" 3:00 Chuck at the Piano Grandparents Day</p>	<p>10:30 Optimal Exercise with Kate ¹² 11:00 Pictionary 1:30 Walking Club 2:30 Scenic Ride 6:15 Regular Season Broncos vs Seahawks Wear your Bronco Colors</p>	<p>Wear Purple for Alzheimer's Awareness ¹³ 10:30 Chair Exercise 11:00 Arts and Crafts 2:00 Music Therapy with Meridith 3:15 Balloon Volleyball 4:15 Let's Talk about YOU</p>	<p>9:30 Catholic Communion ¹⁴ 10:30 Optimal Exercise with Kate 11:00 Sensory Group 1:30 Walking Club 3:00 Happy Hour Music with Michael</p>	<p>10:30 Chair Exercise ¹⁵ 11:00 Games, Games... 2:00 Outing: Cussler Car Museum Arvada see Debbie for Details 2:00 Arts and Crafts 3:30 Walking Club 4:15 Chicken Soup Stories</p>	<p>10:30 Chair Exercise with Robin ¹⁶ 11:00 Quiz Time/Fun Time 1:30 Bowling Club 2:30 Sensory Outings with Meghan 2:30 1:1 With Robin 3:45 Balloon Volleyball</p>	<p>Alzheimer's Walk 10:00 ¹⁷ Those participating see Debbie 10:30 Exercise with Robin 11:00 True or False 2:00 Art with Kelly 4:15 Walking Club 6:00 Saturday Night Movie "The Age of Adaline"</p>
<p>8:00 CBS Sunday Morning ¹⁸ 11:00 Coffee Klatch 1:30 Documentary: Our Great National Parks "Tsavo, Kenya" 2:25 Broncos vs Texans 3:00 Church Service</p>	<p>10:30 Chair Exercise ¹⁹ 11:15 Lunch Outing: Heaven Dragon - Chinese See Debbie for Details 1:30 Walking Club 3:00 Curious Dragonfly Educational Program "Bees" </p>	<p>10:30 Chair Exercise ²⁰ 11:00 Memories in the Making - Paint and Reflect 1:30 Arts and Crafts 3:00 Music: Firefly Winds Woodwind Quintet</p>	<p>9:30 Catholic Communion ²¹ 10:30 Optimal Exercise with Kate 11:00 Sensory Group 1:30 Walking Club 3:00 Happy Hour Music with Mr. Tim</p>	<p>10:30 Chair Exercise ²² 11:00 The Great Apple Project 1:30 Arts and Crafts 3:00 Campfire Songs with Harry  Autumn Begins</p>	<p>10:30 Chair Exercise with Robin ²³ 11:00 Quiz Time/Fun Time 1:30 Bowling Club 2:30 Sensory Outings with Meghan 2:30 1:1 With Robin 3:45 Balloon Volleyball</p>	<p>10:30 Exercise with Robin ²⁴ 11:00 True or False 2:00 Art with Kelly 4:15 Walking Club 6:00 Saturday Night Movie "To Catch a Thief"</p>
<p>8:00 CBS Sunday Morning ²⁵ 10:30 Church Service 1:30 Documentary: Our Great National Parks "Monterey Bay" 3:00 Jazz Guitar with Joe 6:20 Broncos vs 49ers Rosh Hashanah Begins</p>	<p>10:30 Chair Exercise ²⁶ 11:00 Pictionary 1:30 Walking Club 2:30 Arts and Crafts Bookmarks and Cards 6:00 Jeopardy/Wheel of Fortune</p>	<p>10:30 Chair Exercise ²⁷ 11:00 Arts and Crafts 2:00 Music Therapy with Meridith 3:15 Walking Club 4:00 Grab Bag</p>	<p>9:30 Catholic Communion ²⁸ 10:30 Optimal Exercise with Kate 11:00 Sensory Group 1:30 Walking Club 3:00 Happy Hour Music with Dr. Kent</p>	<p>10:30 Chair Exercise ²⁹ 11:00 Arts and Crafts 2:00 Celebrate Autumn Courtyard Blast! Games, Pie and Fun </p>	<p>10:30 Chair Exercise with Robin ³⁰ 11:00 Quiz Time/Fun Time 1:30 Bowling Club 2:30 Sensory Outings with Meghan 2:30 1:1 With Robin 3:45 Balloon Volleyball</p>	<p style="text-align: center;">Dallas Creek & Peak to Peak Neighborhoods</p> 